

Father's Day Car Show

2nd Annual San Marino Retirement Community Car Show

Music by San Marino Mobile Rock & Roll

Sunday June 14, 2026

5000 W. 75th Ave. Westminster, CO. 80030
303-961-6921



NO ENTRY FEE
FOOD VENDOR

SHOWTIME: 10am – 2pm

REGISTRATION at CAR SHOW: 8:30am – 10am
(40-50 Cars MAX – Come early!)
DASH PLAQUES for 1st-30 Entrants

SHOW AWARDS at 2:30 PM

TOP 5 AWARD PICKS
PLUS PEOPLE'S CHOICE & Cash Prizes

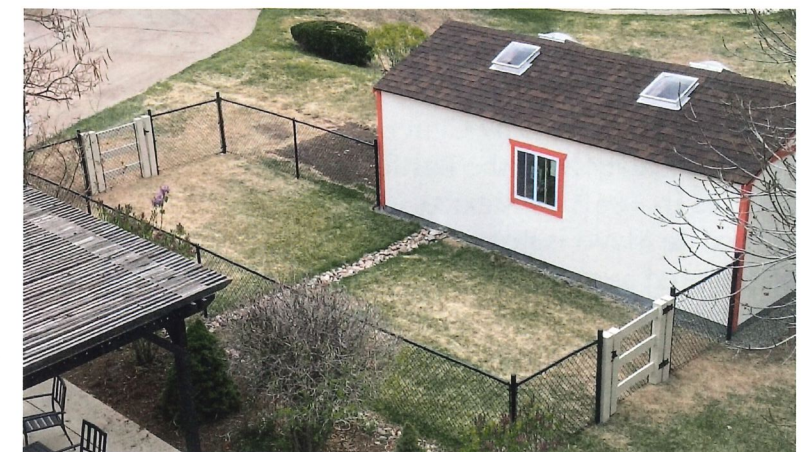
Second Annual San Marino Car Show

Plan to attend the Second Annual Father's Day Car Show, Sunday, June 14th, starting at 10am. All fathers in the community will be treated to lunch at the event.

San Marino Retirement Community

5000 W 75th Ave • Westminster, CO 80030 • (303) 429-8857

May 2026



Good Times at the Dog Park

Our little dog park just opened! A day at the dog park should be nothing but fun. Follow these tips for your next visit:

Prepare your pooch. Make sure your dog is up to date on all vaccines before paying a visit. This protects both your pup and other dogs at the park.

Pack the essentials. Put together a dog kit that includes an extra leash and collar, waste bags, hand sanitizer, water and a collapsible bowl, and a towel and dog-safe shampoo for cleaning up. Bring toys, too, but only those that you and your dog would be OK with losing.

Monitor your dog. Other dogs may not have the same behavior training or social skills as yours. Keep a close eye on your dog to prevent any unpleasant interactions.



HAPPY Mother's DAY

A Flower for Moms

Because of its beauty, hardiness and prevalence, the carnation is regarded as the official flower of Mother's Day. The holiday's founder, Anna Jarvis, chose the frilly, fragrant bloom because it was her mother's favorite flower, and 500 white carnations were handed out at the first Mother's Day observance in 1908.



Word Search

- | | |
|----------|-------------|
| Barbeque | Grandmother |
| Birthday | May |
| Camping | Memorial |
| Child | Mother |
| Color | Picnic |
| Family | Proud |
| Flowers | Roses |
| Food | Sunshine |

R E H T O M D N A R G I U D B
O S U B A Q S H N G N O T W S
S S N Q K R Q M Y L I M A F P
E B W C E Q J M A U P X H C H
S U R W H B Y I C Y M A I Y O
T C O C S I R Y Q E A N W F V
M L S O V O L A B F C R O D J
F O D U M Q W D B I P O E P C
A T N E N T Y H P A D K L R P
Z H M O V S M T R A H I J O N
I N H S W A H R L S T Q E U R
B R E H T O M I G Y C M A D D
D R B I X J S B N T D K E X A
V B V N J U Y Z G E T Y V P A



Viva La Fiesta!

Contrary to what many believe, May 5, or Cinco de Mayo, is not Mexico's Independence Day. Cinco de Mayo festivities celebrate the victory of the Mexican Army over the French led by General Ignacio Zaragoza at the Battle of Puebla in 1862. In Mexico, Cinco de Mayo is not as widely celebrated as the actual Independence Day, Sept. 16. In the United States, however, Cinco de Mayo is enthusiastically celebrated in many areas.



Thank a Nurse

Take the time to give a heartfelt thank-you to our nurses for their hard work and care during National Nurses Week—and every week!



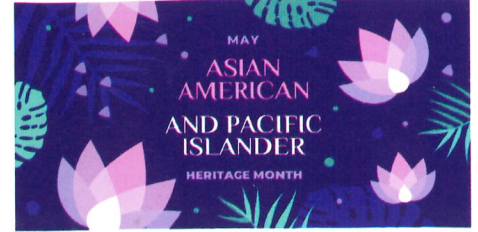
Jewish American Heritage Month

From entertainment, sports and medicine to science, business and politics, Jewish Americans have achieved greatness in a number of fields. Celebrate their accomplishments during Jewish American Heritage Month in May.



Memorial Day

A day to remember the sacrifice of the country's fallen service members has been observed since the Civil War. Known as Decoration Day for a century, the holiday was renamed Memorial Day by federal law in 1967. San Marino would like to say thank you to all who have served our country.



Influential Asian Americans

May is Asian American and Pacific Islander Heritage Month. The continent of Asia alone stretches from Turkey and the Middle East all the way to China, Japan, and Indonesia. The Pacific Islands are further South next to Australia spanning from Guam and Palau to French Polynesia. Celebrate this month by learning more about a few famous names from this amazing group of cultures:

Dalip Singh Saund: Born in India, Saund came to the U.S. in 1920 to study at the University of California in Berkeley, where he earned a Ph.D. He later became the first Asian American person elected to Congress, serving three terms as a U.S. Representative for California.

Chien-Shiung Wu: A Chinese immigrant, Wu's scientific studies earned her the nicknames "First Lady of Physics" and "Queen of Nuclear Research." She worked on the famous Manhattan Project during World War II and won several awards throughout her career.



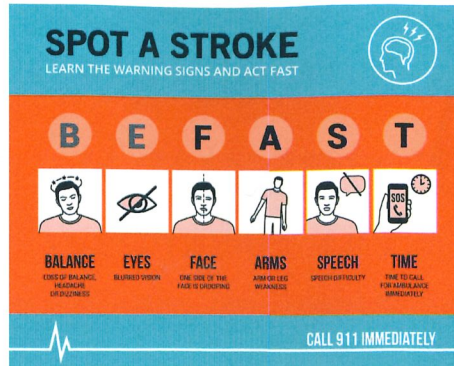
Keep Kitties Safe From Lilies

Lilies are lovely spring flowers, but keep them out of your home if you have cats. All parts of the plant are dangerously toxic to cats, who can get sick even from licking pollen off their fur or drinking from a flower vase. This warning includes all members of the lily and daylily family.



5 Steps to Indoor Seedlings

1. Use an old egg carton as a tray with poked holes for drainage.
2. Pre-moisten seed-starting soil before filling the tray.
3. Gently press 2-4 seeds into each hole.
4. Use a mister, not a watering can, to water seeds.
5. Place the tray in a warm spot and cover with a clear plastic tray or plastic wrap between watering.



Be F.A.S.T.

May is National Stroke Awareness Month. Do you know the signs of a stroke? Remember F.A.S.T.: If one side of the Face is drooping, one Arm is drifting downward, or if Speech is slurred, then it's Time to call 911. Any one of these symptoms requires immediate medical attention.



Derby Dash

America's longest-running sporting event is a two-minute dash watched nationwide. On the first Saturday in May, 20 top thoroughbreds will race in the Kentucky Derby at Louisville's Churchill Downs track. The annual horse race has been a tradition since 1875.



Be able to laugh at yourself.
You'll live longer and happier.

